Social & Emotional Learning Curriculum
High School

Goal 1: Develop self-awareness and self-management skills to achieve school and life success.				
Learning Standard	**Grades 9-10 Benchmark**	**Content Areas(s)**	**Grades 11-12 Benchmark**	**Content Areas(s)**
A. Identify and manage one's emotions and behavior.	1A.4a. Analyze how thoughts and emotions affect decision making and responsible behavior.	English Physical Education	1A.5a. Evaluate how expressing one's emotions in different situations affect others.	English Physical Education
	1A.4b. Generate ways to develop more positive attitudes.	Health Mathematics Science	1A.5b. Evaluate how expressing more positive attitudes influences others.	English Physical Education
B. Recognize personal qualities and external supports.	1B.4a. Set priorities in building on strengths and identifying areas for improvement.	English Mathematics	1B.5a. Implement a plan to build on a strength, meet a need, or address a challenge.	All Content Areas
	1B.4b. Analyze how positive adult role models and support systems contribute to school and life success.	Health	1B.5b. Evaluate how developing interests and filling useful roles support school and life success.	Career & Technical Education
C. Demonstrate skills related to achieving personal and academic goals.	1C.4a. Identify strategies to make use of resources and overcome obstacles to achieve goals.	Career & Technical Education Science World & Classical Languages	1C.5a. Set a post-secondary goal with action steps, timeframes, and criteria for evaluating achievement.	Career & Technical Education English Social Science
	1C.4b. Apply strategies to overcome obstacles to goal achievement.	All Content Areas	1C.5b. Monitor progress toward achieving a goal, and evaluate one's performance against criteria.	English Fine Arts Physical Education

Goal 2: Use social-awareness and interpersonal skills to establish and maintain positive relationships.				
Learning Standard	**Grades 9-10 Benchmark**	**Content Area(s)**	**Grades 11-12 Benchmark**	**Content Area(s)**
A: Recognize the feelings and perspectives of others.	2A.4a. Analyze similarities and differences between one's own and others' perspectives.	Fine Arts Science Social Science	2A.5a. Demonstrate how to express understanding of those who hold different opinions.	English Social Science
	2A.4b. Use conversation skills to understand others' feelings and perspectives.	English Fine Arts World & Classical Languages	2A.5b. Demonstrate ways to express empathy for others.	Physical Education World & Classical Languages
B: Recognize individual and group similarities and differences.	2B.4a. Analyze the origins and negative effects of stereotyping and prejudice.	English Social Science World and Classical Languages	2B.5a. Evaluate strategies for being respectful of others and opposing stereotyping and prejudice.	Social Sciences World & Classical Languages
	2B.4b. Demonstrate respect for individuals from different social and cultural groups.	All Content Areas	2B.5b. Evaluate how advocacy for the rights of others contributes to the common good.	Social Sciences Physical Education/Adapted
C: Use communication and social skills to interact effectively with others.	2C.4a. Evaluate the effects of requesting support from and providing support to others.	English Mathematics Science	2C.5a. Evaluate the application of communication and social skills in daily interactions with peers, teachers, and families.	All Content Areas
	2C.4b. Evaluate one's contribution in groups as a member and leader.	Career & Technical Education Physical Education Science	2C.5b. Plan, implement, and evaluate participation in a group project.	Career & Technical Education English Science
D. Demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.	2D.4a. Analyze how listening and talking accurately help in resolving conflicts.	English Social Science Physical Education	2D.5a. Evaluate the effects of using negotiation skills to reach win-win solutions.	Social Science Physical Education
	2D.4b. Analyze how conflict-resolution skills contribute to work within a group.	English Physical Education	2D.5b. Evaluate current conflict-resolution skills and plan how to improve them.	Physical Education Science Social Science

Goal 3: Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.				
Learning Standard	**Grades 9-10 Benchmark**	**Content Area(s)**	**Grades 11-12 Benchmark**	**Content Area(s)**
A: Consider ethical, safety, and societal factors in making decisions.	3A.4a. Demonstrate personal responsibility in making ethical decisions.	Career & Technical Education Science	3A.5a. Apply ethical reasoning to evaluate societal practices.	Career & Technical Education Science Social Science
	3A.4b. Evaluate how social norms and the expectations of authority influence personal decisions and actions.	Health Social Science World & Classical Languages	3A.5b. Examine how the norms of different societies and cultures influence their members' decisions and behaviors.	Social Science World & Classical Languages
B: Apply decision-making skills to deal responsibly with daily academic and social situations.	3B.4a. Evaluate personal abilities to gather information, generate alternatives, and anticipate the consequences of decisions.	All Content Areas	3B.5a. Analyze how present decision making affects college and career choices.	Career & Technical Education English
	3B.4b. Apply decision-making skills to establish responsible social and work relationships.	Health Fine Arts Physical Education	3B.5b. Evaluate how responsible decision making affects interpersonal and group relationships.	All Content Areas
C. Contribute to the well-being of one's school and community.	3C.4a. Plan, implement, and evaluate one's participation in activities and organizations that improve school climate.	Fine Arts Physical Education	3C.5a. Work cooperatively with others to plan, implement, and evaluate a project to meet an identified school need.	Career & Technical Education English
	3C.4b. Plan, implement, and evaluate one's participation in a group effort to contribute to one's local community.	Career & Technical Education Fine Arts Social Science	3C.5b. Work cooperatively with others to plan, implement, and evaluate a project that addresses an identified need in the broader community.	Career & Technical Education Social Science